

WorldEthicForum

# The Heart Of Change

Pathways to a Culture of  
Radically Shared Aliveness

Programme

Rondo Convention and Event Centre, Pontresina  
Aug 30— Sep 1, 2024

WorldEthicForum

The Heart  
Of Change

Aug 28 - 29, 2024

# Prelude



Programme

## *Evenings in Pontresina*

Wednesday Aug 28, 2024

20:00  
Cinema Rex

**Film screening: The Seeds of Vandana Shiva**, a feature-length documentary presents the remarkable life story of the eco-feminist and agro-ecologist, Vandana Shiva.

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Thursday Aug 29, 2024

20:00  
Cinema Rex

**Lecture by Johan Grimonprez** about his latest film "Soundtrack to a Coup d'État" which just premiered at the 2024 Sundance Film Festival, where it won the Cinematic Innovation Award and further garnered the Persistence of Vision Award at SFFilm and the Audience Award at Thessaloniki Film Festival.

# Day One

Aug 30, 2024

Friday Aug 30, 2024

14:00 - 14:30

Outside main  
entrance**Opening Ceremony**

with Linard Bardill, Luea Ritter and the Firekeepers

14:30 - 17:30

Sela Arabella

**Sharing and Exploring Practices**

Firekeepers and a wider network of practitioners will offer parallel participatory-based experiences, exercise and methods - indoor and outdoor - that take us on little adventures.

- **Nature's Voice** with Ewelina Schraven

*Discover the language of nature in Nature's Voice, an immersive and creative workshop where human and non-human worlds come together.*

- **Systemic Constellations** with Luea Ritter

*Sensing Journey - activating our wider ways of knowing.*

- **Drops of an Ocean: Stories become Songs** with Jehisson Santacruz and Sonja Schenkel (Library for a Happy Future)

*Listening to the water means listening to the element that holds a deep connection to our own body as an individual person and as a community.*

- **Returning to our Sacred Headwaters** with Maria Lucia Cruz Correia, Erin Dixon, Rutendo Ngara and Madlaina Fontana

*We welcome you to return to the circle through our sacred life waters, to re(k)new our relationships together with the land, in shared story, ceremony, song and ritual.*

14:30 - 17:30

Outside main  
entrance**The Heart of Change: Radically Shared Aliveness in Agriculture**

with Martin Ott

We explore the question "Have humans domesticated animals and plants or vice versa?" And visit a herd of cows outside, make initial observations and exercises.

18:00 - 19:30

First Floor

**Dinner together**

a buffet is available from 18:00 - 19:00

19:30 - 22:00

Cinema Rex

**Documentary Screening: Do You Remember Me?**

Sara Aduse's film showcases her experiences, challenges, and journey in the fight against Female Genital Mutilation. It is a message of hope, survival, and commitment to change.

**Film Screening: Every Day Words Disappear**

Johan Grimonprez's film is an exploration of the question: what would it mean to base a political system on love, rather than on fear?

**The screenings will be followed by a live conversation with Sara and Johan.**

# Day Two

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Aug 31, 2024

Saturday Aug 31, 2024

07:15 - 08:45

Outside main  
entrance**Conversation with you, me and Nature**

Clarissa Hurst will guide you into tuning into the day, the group and your surroundings with an embodied dynamic morning practice (includes a walk).

07:15 - 08:45

Outside main  
entrance**Offering to Nature**

After a short introduction by Amba Casturi O'Hara you will be invited to go outdoors in silence and make an offering.

09:00 - 12:00

Outside main  
entrance**Returning to our Sacred Headwaters**

with Maria Lucia Cruz Correia, Erin Dixon, and Madlaina Fontana

We welcome you to return to the circle through our sacred life waters, to re(k)new our relationships together with the land, in shared story, ceremony, song and ritual.

09:00 - 12:00

Outside main  
entrance**Systemic Constellation: Exploring the untapped potential of a heart of change**

with Luea Ritter

Sensing Journey - activating our wider ways of knowing

09:00 - 12:00

Sela Arabella

**Echo from the Future**

Quartett PLUS 1 with Verena Ries

A joint celebration of the entry into the Symbiocene, an age in which humans are no longer above but rather connected to everything.

09:00 - 12:00

Outside main  
entrance**Towards a practical Economy for the Common Good**

with Christian Felber

What sustainable economic models can fight the polycrisis? In this workshop, explore the practical Economy of the Common Good, a bottom-up movement in Switzerland, Italy, Austria and Germany.

09:00 - 12:00

Outside main  
entrance**Make Others Shine: How we learn to support each other for change by heart**

with Martin A. Ciesielski

These urgent times do not only need to slow down, but also to be much more playful! Radikal cooperation is a game played by heart.

12:00 - 12:30

Outside main  
entrance**Exchange Circle**

Join us here for reflection & discussion.

Saturday Aug 31, 2024

12:30 - 14:00  
First Floor**Lunch together**

a buffet is available from 12:30 - 13:30

12:45 - 13:45  
Second Floor**Neuromorphic Quantum Computing**

with Daniela Herrmann / Dynex Moonshots

Enabling positive impact to become truly predictable and measurable!

14:00 - 14:30  
Outside main  
entrance**A Moment to Gather**

a renewed welcome and a moment to check-in and connect

14:30 - 17:30  
Outside main  
entrance**How Do We Transform Society And Ourselves?**

with Minna Salami

Explore interconnectedness, paradox, and mystery. Explore a pluralist way of thinking and a feminist and embodied paradigm about the post-pandemic world of polycrisis.

14:30 - 17:30  
Outside main  
entrance**The Heart of Change**

with Linard Bardill

Why is the World Ethic Forum called the Ethic Forum? What is special and distinctive about the approach of the culture of a radically shared vitality?

14:30 - 17:30  
Outside main  
entrance**Double Your Voice**

with Beyond Vowels

Learn the two basic techniques of overtone singing, which make it possible to sing two tones simultaneously.

14:30 - 17:30  
Outside main  
entrance**Trauma and Conflict**

with Cordula Reimann

The workshop inspires and shows practical ways of dealing with conflict and unresolved trauma, more openly and more calmly.

14:30 - 17:30  
Sela Arabella**Echo from the Future**

Quartett PLUS 1 with Verena Ries

A joint celebration of the entry into the Symbiocene, an age in which humans are no longer above but rather connected to everything.



Saturday Aug 31, 2024

14:30 - 17:30  
Outside main  
entrance**Finding a path to our heart**

with Andreas Weber

No change can come if not through the heart. In the workshop we will approach – and open – our hearts through low-threshold experiences with other-than-human beings and short meditative exercises.

17:30 - 18:00  
Outside main  
entrance**Guided Tour of Ricola Kräutergarten**

Smell, taste, marvel: find out all about the 13 herbs that are in every Ricola herb candy and discover lots of interesting and exciting facts about the herbs and Ricola in this tour.

17:30 - 18:00  
Outside main  
entrance**Exchange Circle**

Join us here for reflection & discussion

18:00 - 19:30  
First Floor**Dinner together**

a buffet is available from 18:00 - 19:00

19:30 onwards  
Sela Arabella**Saturday night celebration, including****Beyond Vowels Concert**

Can four singers produce eight-part sounds? The international overtone ensemble Beyond Vowels shows how it's done!

**Beyond boundaries: Being interconnected in our raison d'être**

Luc Gnacadja invites us to explore with him the contours of our individual raison d'être and why it should be inseparable from the collective sense of being.

**Balance**

Rigolo Tanztheater creates this mesmerising act of balance with deliberate and captivating movements. A performance seeking to explore the depths of absolute reality.

**Dance Party**

Martin A. Ciesielski will be bringing his beats to the Rondo, inviting us to celebrate the moment in full aliveness.

# Day Three

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Sep 1, 2024

Sunday Sep 1, 2024

08:00 - 08:30

Outside main  
entrance**Good Morning! Mindfulness Practice**

Tune into the day, the group and your surroundings with contemplative morning practice.

09:00 - 12:00

Outside main  
entrance**Decolonizing Our BodyMinds**

with Naveen Shamsudhin and Anaïs Sägesser

Come as you are – a space where all is acknowledged and celebrated. Through embodied practices, we reconnect with our dignity, pride and agency and shift the fear, shame, guilt, apathy and anger stored by oppressive systems within us.

09:00 - 12:00

Outside main  
entrance**Life flows from the spaces in-between**

with Martin Ott

Spaces in between arise from relationships. A 3-part experience in nature.

09:00 - 12:00

Outside main  
entrance**Localising: At home in shared aliveness.**

Andrea Klepsch and Franz-Theo Gottwald

Practical insights into the ethical biome in order to act with life, supporting influence in the fields of everyday life.

09:00 - 12:00

Outside main  
entrance**Finding a path to our heart**

with Andreas Weber

No change can come if not through the heart. In the workshop we will approach – and open – our hearts through low-threshold experiences with other-than-human beings and short meditative exercises.

09:00 - 12:00

Outside main  
entrance**Golden Record Studios**

with Nicolas Y. Galeazzi and Lukas Matthaei

Together we will create a time capsule sculpture, which will be buried in the municipality of Pontresina.

09:00 - 12:00

Outside main  
entrance**Learning from Trauma**

with Cordula Reimann, Erin Dixon-Giizhigaate, Rizwana Ilham, Sara Aduse

This workshop invites us to hear three powerful stories of grappling with, healing from, and reconciling human rights violations, abuse, and oppression – on very personal and cultural levels.

Sunday Sep 1, 2024

09:00 - 12:00

Outside main  
entrance

**Towards a practical Economy for the Common Good**

with Christian Felber

What sustainable economic models can fight the polycrisis?  
In this workshop, explore the practical Economy of the Common  
Good, a bottom-up movement in Switzerland, Italy, Austria and  
Germany.

12:00 - 12:30

Outside main  
entrance

**The Ending**

Gently closing; intentionally honouring and celebrating our time  
together.

# Ongoing



## Space Design by Sonja Schenkel

The 2024 World Ethic Forum space design is conceived through a series of artistic collaborations. The invited artists reveal their practice of care and a radically shared aliveness, whose heart tends to relationships that are systemic and interconnected, rather than linear and transactional.

The design incorporates non-human entities from around the conference venue, five artists and a social enterprise, who have been chosen for their particular practice to engage with different forms and practices of radically shared aliveness.

### ***The Touch of Walnut***

Artist: Verena Nussbaumer | Location: Stairs to 1st Floor

*The walnut is the eponymous ingredient of the famous Bündler or Engadin nut cake. The pastry is an example of how the new and foreign can become one's own over time. The delicate touch of the walnut on the fabric is an invitation to engage with something new and unfamiliar, whose meaning is yet to unfold.*



### ***Ecoprints***

Artist: Verena Nussbaumer | Location: Sela Arabella

*In deep meditation and conversation with nature and music, Verena Nussbaumer collects herbs, roots and flowers, brings them to the fabric, boils their brew and searches for old dyeing recipes. She sources her fabrics through personal relationships in Switzerland (wool) and Northern Greece (soufli silk). They are unique pieces that can be worn as scarves.*



**Individual scarves can be purchased to bring some of the World Ethic Forum energy to your home and friends. Ask at the welcome desk.**

**Coffee Carpet**

Artist: Sonja Schenkel in collaboration with Creative Hands, Greece  
Location: Ground Floor

*The carpet is made from upcycled coffee bean bags from all over the world symbolizing that exchange of goods is also related to exchange of ideas in either direction, shaping a fabric on which here and there appear within an equal structure.*

**Cantos al Agua**

Artist: Jehisson Ywiku Santacruz | Location: First floor

*«Cantos al Agua y otros Seres» is a celebration of the union between traditional knowledge, the mountains, the rivers, oceans, seas, animals, the invisible beings, the place, and its people. It is an act mediated by love, integrating the symbolic, sonorous, and expansive power of the Kuisi.*

*The Kuisi originates from the Sierra Nevada de Santa Marta, where it is played by local indigenous people such as the Kogi, the Ikke and others in dialogue and to heal places of the natural world. The artist Ywiku Santacruz has been integrating this instrument and its spirituality into his art and life practice for many years.*

**Sgraffito-Constellations**

Artist: Sonja Schenkel | Location: First and Second Floor

*Sgraffito is part of the cultural heritage of the Engadin. The tradition is visible through symbols and sayings on the traditional houses of the valley and serves as protection and identification.*

*With the Sgraffitto installation, the idea is transferred to our common space, which is marked by different dimensions of time and can be protected by weaving connections and symbols. As in the Engadin tradition, the circle stands for unity and protection, in which symbolic constellations and structures are connected through light and dark experiences whose recognition and integration, may offer strength.*



**Chrysalis**

Artist: Sonja Schenkel | Location: First Floor and Sela Arabella

*The caterpillar sheds its skin five times until retreating into its Chrysalis. Inside its cocoon it nearly dissolves and adopts a new shape. Now a butterfly, it is vital for it to break out by itself as well as to pause before taking in the new life and perspective.*

*The Chrysalis is a series of sculptures symbolising the transformation and change of perspective from the caterpillar to the butterfly. People can sit in them, retreat and contemplate.*

**Creative Hands**

Artist: Creative Hands, Greece | Ort: First Floor and Sela Arabella

*Weaving means writing one's story into fabric. Based in Greece, Creative Hands focuses on giving all women, whether Greek or from any other country, who are living in refugee camps, the opportunity to work and create a livelihood. Women arriving from Syria, Afghanistan, Iran, Turkey and more recently from many countries in Africa, share a rich history and culture in weaving and sewing textiles.*

*Providing an opportunity to revive this tradition for many who grew up weaving and sewing, and also creating a pathway to teach those who don't know how, will help create a sense of community and connection between them, as well as a versatile skill set to create an income.*





***Collaborative Art Project***

Create a sculpture together. Madlaina will provide clay from the region and anyone can take part. For the artist, clay is the timeless connection to the earth and the people who inhabit it. So let's celebrate the elements together by feeling the clay in our hands and create a new art piece.

with Madlaina Fontana

***Room of silence  
for the processing and integration of  
experiences***

Nourished by the darkness and the process of becoming, we create a space of silence. This space welcomes us, as a supportive and nourishing vessel in the midst of all the colourfulness and whirl of the Forum. It can become a space where the great silence and also the darkness have a place. A space where we can drop out of time and let go and are less driven to know things already and to be able to answer questions before we fully understand them. A place to process and integrate experiences.

***Artist-in-Residence***

Odelia Toder, the World Ethic Forum's artist-in-residence will be creating work at the event, inviting participants to observe her process first hand.

This programme's in-between pages and back cover use Odelia's work as their background.

with Odelia Toder



### ***'Find the Heart of Change'***

*Walk-in and useable sculpture  
Encounter the heart of change*

***Sponsoring partner: Kompotoi  
Winner of the Swiss Ethic Prize 2024***



### ***Book Corner***

Delve into the book recommendations of your fellow participants, workshop facilitators and firekeepers.



### ***Generative Scribings 2022, 2023, 2024***

Over the past three years, Marie-Pascale Gaffinen has accompanied the Firekeeper Circle and created a generative scribing picture at each in-person gathering.

Scribing is a distinct social art form that facilitates group learning and cultural memory. Scribes practice simultaneous deep listening & drawing, creating large pictures that integrate content and prompt insight. 'Generative Scribing', aims to harvest both the explicit and unnamed aspects during a process and the social dynamics, such as underlying grief, dynamics of belonging and inclusion, and anxiety.

Like an unfolding story, come and delve into what has emerged so far, and get some glimpses of the topics, dynamics, and questions that the Firekeeper Circle is working on and towards.



# Heartfelt thanks to our event partners

**Badilatti**  
dal 1912



Engadin

**Forum**  
Nachhaltig Wirtschaften



Weltweit ab Hof

**KOMPOT*i***



**new  
roots**  
vegan creamery

*Pontresina*

*Ricola*





Paintings used as background on back cover, inside-front and in-between pages: Odelia Toder.